



banana wharf

Meet, drink & eat
...by the water

Main Menu & Wine List

Open all day, 7 days a week
Breakfast, Lunch & Dinner
Takeaway service available



wharf

Wharf Breakfast *(Served until 11.30am)*

Hot buttered toast and preserves	£3.25
Fresh fruit crêpe	£5.95
Banana crêpe <i>Drizzled with maple syrup</i>	£6.25
<i>Try this with crispy bacon! Supplement:</i>	£2.75
Omelettes	£6.50
<i>Three egg omelette served plain or with your choice of two fillings from the following: ham, smoked salmon, cheese, mushroom or tomato</i>	
Scrambled egg & smoked salmon	£7.95
<i>Served with hot buttered toast</i>	
Full house	£8.25
<i>Crispy back bacon, butcher's sausage, grilled plum tomato, black pudding, field mushroom, free range eggs – fried or scrambled, and served with hot buttered toast</i>	
Buffet breakfast	£8.95
<i>Self selection of full English fayre, hot toast and your choice of tea, filter coffee or fresh orange juice</i>	
Fresh fruit platter	£6.75
Pot of tea	£2.50
<i>Choice of English Breakfast, Earl Grey or fruit tea</i>	
Coffee	
<i>Freshly brewed filter coffee with top ups</i>	£2.50
<i>Espresso</i>	£2.25
<i>Americano</i>	£2.50
<i>Double espresso</i>	£2.75
<i>Cappuccino</i>	£2.95
<i>Latte</i>	£3.25
<i>Mocha</i>	£3.25
Hot chocolate	£3.25

Banana Wharf Southampton

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Banana Wharf Hamble

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Banana Wharf Poole

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Lite Bites & Appetizers

Chef's freshly prepared soup <i>With home baked bread</i>	£5.25
Deep fried breaded mushrooms (V) <i>With garlic mayonnaise</i>	£5.95
Spicy chicken wings <i>Served with a sour cream and chive dip</i>	£5.95
Home made pork & bacon parfait <i>Served with an onion & balsamic chutney & warm toast</i>	£5.95
Grilled sardines <i>With white wine, lemon & garlic butter</i>	£6.75
Crispy fried Somerset brie (V) <i>Served with Cumberland sauce & watercress salad</i>	£6.95
Five spice marinated chicken skewers <i>Served with a plum dipping sauce</i>	£6.95
Banana Wharf prawn cocktail <i>Plump prawns, marie rose sauce & freshly baked bread</i>	£7.25
Crispy deep fried whitebait <i>Dusted with cayenne pepper & served with our homemade tartar sauce</i>	£7.25
Sweet chilli pork ribs <i>Cooked in a sticky sauce of pineapple juice, honey & chilli</i>	£7.75
Calamari frito <i>With aioli and lemon wedges</i>	£7.95
Large king prawns <i>Served cold with lime mayonnaise</i>	£8.95
Steamed mussels <i>In white wine, lemon juice and garlic butter or with red chilli and coconut</i>	£8.95

Combos & Mezzes

Mezze of taramasalata, humous & guacamole <i>Served with hot pitta bread – try one between two!</i>	£6.95
Italian antipasto - For 2 to share <i>Selection of cured Italian meats with Parmesan flakes Served with olive oil & balsamic vinegar, marinated olives, pickled vegetables, sun dried tomatoes, fresh figs and freshly baked bread</i>	£12.95
Cheese platter - For 2 to share <i>Somerset brie, Stilton, mature Cheddar Served with chutney, marinated olives, olive oil & balsamic vinegar and freshly baked bread</i>	£12.95
Banana Wharf combo - For 2 to share <i>Selection of chicken wings, crispy calamari, breaded mushrooms, five spice chicken skewers & sticky chilli ribs Served with a selection of dips</i>	£16.95

Banana Wharf Shellfish

	Starter	Main
Moules-frites <i>Mariniere style mussels served with seasoned chunky chips & garlic mayonnaise</i>		£12.95
Large king prawns <i>Served cold with lime mayonnaise or hot with white wine, lemon & garlic butter</i>	£8.95	£15.50
Cold seafood platter <i>Mussels, king prawns, cocktail prawns, crab meat, sliced smoked salmon Served with a tangy lime mayonnaise</i>	£14.95	£19.95
<i>Add lobster to your Seafood Platter (Supplement)</i>	Half £15.95	Whole £28.95
Lobster <i>Half or whole served cold with lime mayonnaise or hot with garlic butter.</i>	£16.95	£29.95

N.B. A discretionary service charge of 10% applies to parties of 6 or more

World Dockside Dishes

Oriental vegetable stir-fry (V)	£9.25
<i>With egg noodles, hoi sin sauce and crunchy cashew nuts</i>	
Chunky chilli	£11.50
<i>Slow cooked pieces of beef with onions, peppers and kidney beans. Served with steamed rice & soured cream</i>	
Sweet & sour chicken Hong Kong style	£11.50
<i>With sticky Basmati rice</i>	
Wharf lamb curry	£11.95
<i>Tender pieces of lamb cooked in an authentic medium curry sauce. Served with steamed Basmati rice</i>	

Try our warm naan bread with your curry! £2.25

Stir-fried beef fillet	£15.95
<i>Tender beef strips cooked with oyster sauce, oriental vegetables and egg noodles</i>	
Stir-fried tiger prawns & scallops	£16.95
<i>With fine noodles, asparagus, spring onions and broccoli, finished with oyster sauce</i>	
Green Thai curry	£9.95
<i>Spicy sauce with green chillis, coriander, coconut milk & Asian style vegetables, served with coconut rice</i>	
- with chicken breast	£13.95
- with seafood (incl. scallops, tiger prawns, mussels)	£17.95

Tex-Mex fajitas

Fajita spice blend with peppers & onions. Served with sour cream, salsa, guacamole, grated cheddar cheese & flour tortillas. Served on a sizzling skillet

- vegetable	£11.50
- chicken	£13.95
- beef fillet strips	£15.95

Quayside Pasta Dishes

Roasted red pepper & onion tagliatelle (V)	£8.95
<i>Tomato sauce, bell pepper, red onions, cherry tomatoes, spinach and chilli</i>	
Classic spaghetti bolognese	£9.25
<i>Prime minced beef cooked with onion, garlic, tomatoes & oregano</i>	
Lasagne verde	£9.25
<i>Spinach lasagne layered with bolognese, creamy béchamel & topped with cheese</i>	
Wharf spaghetti carbonara	£9.25
<i>In a creamy sauce with pancetta, mushrooms & onions</i>	
Chicken & red pesto penne	£10.50
<i>Char-grilled breast of chicken sliced over pasta, coated in a creamy sauce of red pesto, cherry tomatoes and spinach</i>	
Marinara linguine	£12.50
<i>Mussels, tiger prawns & scallops tossed with garlic, chilli, lemon juice & olive oil</i>	
Salmon, prawn & crab mornay with penne	£12.95
<i>In a rich cheddar cheese sauce, topped with grated Parmesan & finished under the grill</i>	

Try our delicious garlic bread with your pasta! £3.25

On The Side

Prawn crackers	£1.75
Poppadoms	£1.75
Warm naan bread (V)	£2.25
Marinated mixed olives (V)	£3.25
Delicious hot garlic bread (V)	£3.25
Cheesy garlic bread	£3.95
Chunky chips	£3.50
Cheesy chips	£3.95
Stir fried vegetables (V)	£3.50
A selection of home baked bread (V)	£3.95

Salad Days	Small	Large
Side salad (V) <i>Bowl of mixed leaves with watercress, tomato, cucumber, red onion & house dressing</i>	£3.75	£5.75
Buffalo salad (V) <i>Tomato, red onion, mozzarella & fresh basil oil</i>	£6.75	£8.95
Classic Caesar salad <i>Crisp romaine lettuce, fresh anchovies, croutons & parmesan flakes with caesar dressing</i>	£6.50	£8.95
Add strips of chargrilled chicken breast	£8.95	£11.95
Greek salad (V) <i>Mixed seasonal leaves, cucumber, tomato, marinated olives, feta cheese, olive oil & warm pitta bread</i>	£7.25	£10.50
Banana Wharf salad <i>Seasonal leaves, spinach, crispy bacon, beetroot, boiled egg, croutons, goat's cheese, avocado with chef's special dressing</i>	£8.95	£12.50
Add strips of chargrilled chicken breast	£11.50	£14.95
Salad Nicoise (cold) <i>Fresh flaked tuna, dressed salad leaves, fine beans, new potatoes, boiled egg, fresh anchovy fillets & marinated olives. Finished with a house dressing</i>	£9.95	£14.50
Kiln smoked Scottish salmon, peppered mackerel & prawn salad <i>Slices of smoked salmon, plump prawns, smoked mackerel, marie rose sauce, mixed dressed salad, boiled egg, beetroot & watercress</i>	£11.50	£15.50

Wharf Specials

Pure ground fillet steak burger <i>Mixed with horseradish, onion & herbs, served in a toasted bun with swiss cheese, pickled gherkin & chunky chips</i>	£11.50
Char-grilled chicken breast burger <i>Topped with bacon, served in a toasted bun with swiss cheese, pickled gherkin & chunky chips</i>	£11.50
Butterfly breast of chicken <i>Char-grilled, roasted plum tomato, flat mushroom, chunky chips & watercress salad</i>	£12.95
Pork loin steaks <i>Two 4oz pork loin steaks, char-grilled and served with roasted apple & cider chutney, plum tomato, flat mushroom & chunky chips</i>	£14.25
6oz sirloin steak <i>Marinated for 48 hours & served with roasted plum tomato, flat mushroom & chunky chips</i>	£15.95
Cajun marinated salmon <i>8oz fillet with tiger prawn kebab, basmati rice, mixed salad & chilli & lime butter sauce</i>	£17.25
Fillets of sea bass <i>Baked with sea salt & rosemary, roasted plum tomato, asparagus, crispy baby potatoes, caper & anchovy butter</i>	£17.25
Hot tuna nicoise <i>Peppered & char-grilled tuna loin, crispy baby potatoes, fine beans, cherry tomatoes, olives, anchovy fillets, soft poached egg, olive oil & balsamic</i>	£17.95
8oz Rib-eye steak <i>With roasted plum tomato, flat mushroom & chunky chips</i>	£18.95

Surf & Turf : Add to your sirloin or ribeye steak: (Supplement)	
4 King prawns in garlic butter	£8.95
1/2 Lobster in garlic butter	£15.95

Choose a sauce :	£2.95
<i>Brandy & peppercorn, port & mushroom or béarnaise</i>	

Pizza at the Wharf

Margarita (V) <i>Tomato base topped with Mozzarella</i>	£7.25
Veg patch (V) <i>Spinach, tomatoes, mushrooms & red onions with Mozzarella</i>	£8.95
Hawaiian <i>Ham, pineapple, mushroom & Mozzarella</i>	£9.25
Spicy Italian <i>Pepperoni, fresh chopped chillis & Mozzarella</i>	£9.25
Fiorentina (V) <i>Tomato sauce, Mozzarella cheese, spinach, mushrooms and a soft poached egg</i>	£9.50
Brunch <i>Bacon, sausage, slices of beef tomato, mushrooms & Mozzarella</i>	£9.25
Mediterranean <i>Tuna, prawns, fresh white anchovies, black olives & Mozzarella</i>	£9.95
Cheese & Pickle (V) <i>Tomato sauce, Mozzarella cheese, goat's cheese, roasted red onions, spinach & onion chutney</i>	£9.25
Maryland <i>Barbecue sauce, Mozzarella cheese, chicken, sweetcorn, roasted red peppers & mushrooms</i>	£9.95
Toscanini <i>Slices of Parma ham, garlic, field mushrooms, cherry tomatoes, Mozzarella & Mascarpone cheeses</i>	£11.50
Banana Wharf Deluxe 'The Bear' <i>Cured Italian meats, pepperoni, garlic, chopped tomato, asparagus, fresh chillis with Mozzarella & Parmesan cheeses</i>	£12.50

Sweet Banana Wharf

Banana Wharf split <i>A split banana filled with ice cream of your choice, topped with lashings of fruit, cream and drizzled with strawberry coulis</i>	£7.25
Everyone's favourite <i>Chocolate, strawberry and creamy vanilla ice creams, topped with fresh strawberries, milk chocolate chips and a strawberry coulis</i>	£7.25
Fresh fruit platter	£6.75
Our own Banoffee Pie	£6.95
Luxury chocolate brownie <i>With creamy vanilla ice cream</i>	£6.95
Ice creams and shakes <i>Choose up to three flavours from: strawberry, creamy vanilla, coconut, banana, chocolate & 2 guest flavours</i>	£5.95
Sweet crêpes	
- Lemon and sugar	£4.95
- Maple syrup	£4.95
- Strawberry	£5.95
- Fresh fruit	£5.95
- Chocolate	£5.95
- Rum and banana	£6.95
- Add 2 scoops of ice cream, any flavour	£2.95
Ice cream cones	£2.75

Chocolate fondue

A selection of fresh fruit, marshmallows, profiteroles and mini donuts – freshly prepared and ready to dip in melted chocolate

- Minimum 2 people	£15.95
- 4 people	£22.50
- 6 people	£28.50

Cheese platter <i>(Ideal for 2 to share!)</i> <i>Somerset brie, Stilton & mature Cheddar. Served with chutney, marinated olives, olive oil & balsamic vinegar with freshly baked bread</i>	£12.95
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Liqueur coffee <i>with fresh double cream</i>	£6.50
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Wine List

WHITE - LIGHT & DRY

- 1. Conto Vecchio Pinot Grigio**
Italy (12% abv)
Bottle £17.95
Glass 175ml £ 4.75
Glass 250ml £ 6.00
- 2. Muscadet Sevre et Maine Ducs de Bretagne**
France (13.5% abv)
Bottle £20.95
- 3. Sancerre Le Mont, Foucher Lebrun**
France (12% abv)
Bottle £29.95

WHITE - AROMATIC & FRUITY

- 4. Terre Forti Trebbiano**
Italy (12% abv)
Bottle £16.95
- 5. San Rafael Sauvignon Blanc**
Chile (13% abv)
Bottle £17.95
Glass 175ml £ 4.75
Glass 250ml £ 6.00
- 6. Kudu Plains Chenin Colombard**
South Africa (13.5% abv)
Bottle £16.95
Glass 175ml £ 4.50
Glass 250ml £ 5.75

WHITE - RICH & FULL

- 7. Satelite Marlborough Sauvignon Blanc**
New Zealand (13% abv)
Bottle £24.95
- 8. Runamok Chardonnay**
Australia (13% abv)
Bottle £17.95
Glass 175ml £ 4.75
Glass 250ml £ 6.00
- 9. Chablis, Domaine Sainte Claire**
Australia (12.5% abv)
Bottle £29.95

BIG BUBBLES

- 10. Mumm Cordon Rouge**
France (NV - 12% abv)
Magnum £100.00
- 11. Laurent Perrier Brut Rosé**
France (NV - 12% abv)
Magnum £150.00

BUBBLES

- 12. Prosecco DOC Bel Star**
Italy (12% abv)
Bottle £23.95
- 13. Deutz Brut Champagne**
France (12% abv)
Bottle £40.00
Glass 125ml £ 7.50
- 14. Mumm Cordon Rouge Brut Champagne**
France (NV - 12% abv)
Bottle £50.00

PINK BUBBLES

- 15. Freixenet Brut Rosé**
Spain (12% abv)
Bottle £24.95
Glass 175ml £ 6.50
- 16. Laurent Perrier Cuvee Rosé**
France (12% abv)
Bottle £75.00

Wine List (cont'd)

ROSE

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| 17. Wandering Bear Zinfandel Rosé
California (10.5% abv) | Bottle | £16.95 |
| | Glass 175ml | £ 4.50 |
| | Glass 250ml | £ 5.75 |
| 18. Conto Vecchio Pinot Grigio Blush
Italy (12% abv) | Bottle | £17.95 |
| | Glass 175ml | £ 4.75 |
| | Glass 250ml | £ 6.00 |
| 19. Cotes de Provence, Saint Roch Les Vignes
France (13% abv) | Bottle | £19.95 |
| | Glass 175ml | £ 5.50 |
| | Glass 250ml | £ 6.75 |

REDS SOFT & ROUNDED

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| 20. Terre d'Azur Merlot
France (13.5% abv) | Bottle | £16.95 |
| | Glass 175ml | £ 4.50 |
| | Glass 250ml | £ 5.75 |
| 21. Pinot Noir Bouchard
France (13.5% abv) | Bottle | £21.95 |
| 22. Fleurie "La Madone" Georges Duboeuf
France (13.5% abv) | Bottle | £30.95 |

REDS JUICY & FRUITY

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| 23. La Serre Cabernet Sauvignon
France (13% abv) | Bottle | £17.95 |
| | Glass 175ml | £ 4.75 |
| | Glass 250ml | £ 5.95 |
| 24. Valdivieso Merlot
Chile (13.5% abv) | Bottle | £18.95 |
| 25. Runamok Shiraz
Australia (14% abv) | Bottle | £17.95 |
| | Glass 175ml | £ 4.75 |
| | Glass 250ml | £ 5.95 |
| 26. Chianti La Piuma, Tuscany
Italy (12.5% abv) | Bottle | £19.95 |

REDS BIG & SPICY

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| 27. Tarquino Shiraz Malbec
Argentina (13% abv) | Bottle | £19.95 |
| 28. Rioja Crianza Promesa, Fam
Spain (13.5% abv) | Bottle | £22.95 |
| | Glass 175ml | £ 6.50 |
| | Glass 250ml | £ 8.50 |

All wines by the glass are also offered in 125ml measures, please ask for details.