

Wharf Breakfast *(Served until 11.30am)*

Hot buttered toast and preserves	£2.95
Fresh fruit crêpe	£5.50
Banana crêpe	
<i>Drizzled with maple syrup</i>	£5.95
<i>Try this with crispy bacon! Supplement:</i>	£2.00
Omelettes	£6.50
<i>Three egg omelette served plain or with your choice of two fillings from the following: ham, smoked salmon, cheese, mushroom or tomato</i>	
Full house	£7.95
<i>Crispy back bacon, butcher's sausages, grilled plum tomato, black pudding, field mushroom, free range eggs – fried or scrambled, and served with hot buttered toast</i>	
Scrambled egg & smoked salmon	£7.95
<i>Served with hot buttered toast</i>	
Buffet breakfast	£8.25
<i>Self selection of full English fayre, hot toast and your choice of tea, filter coffee or fresh orange juice</i>	
Fresh fruit platter	£6.25
Pot of tea	
<i>Choice of English Breakfast, Earl Grey or fruit tea</i>	£2.25
Coffee	
<i>Freshly brewed filter coffee with top ups</i>	£2.25
<i>Espresso</i>	£1.95
<i>Americano</i>	£2.25
<i>Double espresso</i>	£2.50
<i>Cappuccino</i>	£2.75
<i>Latte</i>	£2.95
<i>Mocha</i>	£2.95
Hot chocolate:	£2.75

Banana Wharf Southampton

Ocean Village
Southampton SO14 3JF

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info@bananawharf.co.uk

Opening August 2010

Banana Wharf Poole

Dolphin Quay
Poole Quay BH15 1HH

poole@bananawharf.co.uk

www.bananawharf.co.uk

Banana Wharf Hamble

Port Hamble Marina
Hamble, Southampton SO31 4QD

023 8045 6622
hamble@bananawharf.co.uk



Wine List

BONE DRY WHITE

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|---|-------------|--------|
| 1. Pinot Grigio Provincia di Pavia, Collezione Marchesini
Italy (11.5% abv) | Bottle | £16.95 |
| | Glass 175ml | £4.50 |
| | Glass 250ml | £5.70 |
| 2. Chablis, Domaine Sainte Claire
France (12.5% abv) | Bottle | £30.95 |

DRY WHITES

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| 3. Mon Roc Chardonnay
France (13% abv) | Bottle | £15.95 |
| | Glass 175ml | £4.25 |
| | Glass 250ml | £5.45 |
| 4. Tierra Sauvignon Blanc
Chile (13% abv) | Bottle | £16.95 |
| | Glass 175ml | £4.50 |
| | Glass 250ml | £5.70 |
| 5. Nobilo Southern Rivers, Sauvignon Blanc
New Zealand (13% abv) | Bottle | £24.50 |
| 6. Sancerre, Domaine Cherrier
France (13% abv) | Bottle | £28.95 |
| 7. Pouilly-Fumé, Domaine, Jean-Claude Chatelain
France (12.5% abv) | Bottle | £31.95 |

JUCY RIPE WHITES

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|---|-------------|--------|
| 8. Runamok Unoaked Chardonnay
SE Australia
Australia (12.5% abv) | Bottle | £16.95 |
| 9. Niel Joubert, Chenin Blanc, Paarl
South Africa (13.5% abv) | Bottle | £16.95 |
| | Glass 175ml | £4.50 |
| | Glass 250ml | £5.70 |

ROSÉ

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|---|-------------|--------|
| 10. Whispering Hills White Zinfandel
California (10.5% abv) | Bottle | £15.95 |
| | Glass 175ml | £4.25 |
| | Glass 250ml | £5.45 |
| 11. Pinot Grigio Rosato del Veneto, Collezione Marchesini
Italy (12% abv) | Bottle | £16.95 |
| | Glass 175ml | £4.50 |
| | Glass 250ml | £5.70 |
| 12. Cotes de Provence, Saint Roch Les Vignes
France (13% abv) | Bottle | £19.95 |

LIGHT REDS


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| 13. Terre D'Azur Merlot
France (13.5% abv) | Bottle | £15.95 |
| | Glass 175ml | £4.25 |
| | Glass 250ml | £5.45 |

JUCY REDS

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| 14. Fortant Cabernet Sauvignon
France (13% abv) | Bottle | £16.95 |
| | Glass 175ml | £4.50 |
| | Glass 250ml | £5.70 |
| 15. Chianti Contada, Tuscany
Italy (12.5% abv) | Bottle | £21.50 |
| 16. Marquis de Riscal, Rioja Reserva
Spain (13% abv) | Bottle | £26.95 |

Wine List (cont'd)

17. **Macon Rouge, Louis Jadot**
France (13% abv) Bottle £27.95
18. **Côte de Beaune-Villages,
Réserve des Jacobins, Louis Jadot**
France (12.5% abv) Bottle £30.95
- SPICY REDS**
19. **Thorne Hill Shiraz** Bottle £16.95
SE Australia (13.5% abv) Glass 175ml £4.50
Glass 250ml £5.70
20. **Finca Flichman Malbec, Mendoza** Bottle £17.95
Argentina (13% abv)
21. **Robert Mondavi Woodbridge Shiraz** Bottle £22.95
California (13.5% abv)
- OAK REDS**
22. **Casa La Joya Gran Reserve Merlot, Colchagua Valley**
Chile (14.5% abv) Bottle £20.95
23. **'The Rat & Bull' Cabernet-Shiraz, Wrattenbully**
Australia (14% abv) Bottle £23.95
24. **Torres Gran Coronas, Cabernet-Sauvignon Reserva**
Spain. (14.5% abv) Bottle £25.95
- CHAMPAGNE MAGNUMS**
25. **Mumm Cordon Rouge**
France (NV - 12% abv) Magnum £95.00
26. **Taittinger Prestige, Brut Rosé**
France (NV - 12% abv) Magnum £140.00
- CHAMPAGNE & SPARKLING WINE**
27. **Prosecco di Valdobbiadene Brut, Ca' Montini** Bottle £23.95
Italy (11% abv) Glass 175ml £5.95
28. **Piper Heidsieck Cuvée Brut** Bottle £40.00
France (NV - 12% abv)
29. **Mumm Cordon Rouge** Bottle £45.00
France (NV - 12% abv) Glass 125ml £7.95
30. **Taittinger Brut Réserve** Bottle £60.00
France (NV - 12% abv)
31. **Moët & Chandon, Dom Pérignon Brut** Bottle £145.00
France (12.5% abv)
- ROSÉ CHAMPAGNE & SPARKLING WINE**
32. **Codorniu Pinot Noir Brut, Cava,** Bottle £24.95
Spain (12% abv)
33. **Champagne Testulat Rosé, NV** Bottle £45.00
France (NV - 12% abv)
34. **Taittinger Prestige Brut Rosé** Bottle £70.00
France (NV - 12% abv)



banana wharf

Meet, drink & eat
...by the water

Main Menu & Wine List



Open all day, 7 days a week
Breakfast, Lunch & Dinner
Takeaway service available

Lite Bites & Appetizers

Chef's freshly prepared soup <i>With home baked bread</i>	£4.95
Deep fried breaded mushrooms (V) <i>With garlic mayonnaise</i>	£5.75
Spicy chicken wings <i>Served with a sour cream and chive dip</i>	£5.95
Home made pork & bacon parfait <i>Served with an onion & balsamic chutney & warm toast</i>	£5.95
Grilled sardines <i>With white wine, lemon & garlic butter</i>	£6.50
Crispy fried Somerset brie (V) <i>Served with Cumberland sauce & watercress salad</i>	£6.50
Five spice marinated chicken skewers <i>Served with a plum dipping sauce</i>	£6.50
Banana Wharf prawn cocktail <i>Plump prawns, marie rose sauce & freshly baked bread</i>	£6.95
Crispy deep fried whitebait <i>Dusted with cayenne pepper & served with our homemade tartar sauce</i>	£6.95
Sweet chilli pork ribs <i>Cooked in a sticky sauce of pineapple juice, honey & chilli</i>	£7.25
Calamari frito <i>With aioli and lemon wedges</i>	£7.25
Large king prawns <i>Served cold with lime mayonnaise</i>	£8.95

Combos & Mezzes

Mezze of taramasalata, humous & guacamole <i>Served with hot pitta bread – try one between two!</i>	£6.95
Italian antipasto - For 2 to share <i>Selection of cured Italian meats with Parmesan flakes Served with olive oil & balsamic vinegar, marinated olives, pickled vegetables, sun dried tomatoes, fresh figs and freshly baked bread</i>	£12.95
Cheese platter - For 2 to share <i>Somerset brie, Stilton, mature Cheddar Served with chutney, marinated olives, olive oil & balsamic vinegar and freshly baked bread</i>	£12.95
Banana Wharf combo - For 2 to share <i>Selection of chicken wings, crispy calamari, breaded mushrooms, five spice chicken skewers & sticky chilli ribs Served with a selection of dips</i>	£15.95

Banana Wharf Shellfish

	Starter	Main
Steamed mussels <i>In white wine, lemon juice and garlic butter or with red chilli and coconut</i>	£8.95	£12.95
Large king prawns <i>Served cold with lime mayonnaise or hot with white wine, lemon & garlic butter</i>	£8.95	£15.50
Cold seafood platter <i>Mussels, king prawns, cocktail prawns, crab meat, sliced smoked salmon Served with a tangy lime mayonnaise</i>	£13.95	£21.50
<i>Add lobster to your Seafood Platter (Supplement)</i>	Half £14.50	Whole £27.95
Lobster <i>Half or whole served cold with lime mayonnaise or hot with garlic butter.</i>	£15.95	£28.95

World Dockside Dishes

- Oriental vegetable stir-fry (V)** £8.50
With egg noodles, hoi sin sauce and crunchy cashew nuts
- Chunky chilli** £10.75
Slow cooked pieces of beef with onions, peppers and kidney beans. Served with steamed Basmati rice
- Sweet & sour chicken Hong Kong style** £10.95
With sticky Basmati rice
- Wharf lamb curry** £11.50
Tender pieces of lamb cooked in an authentic medium curry sauce. Served with steamed Basmati rice

Try our warm naan bread with your curry! £1.95

- Stir-fried beef fillet** £14.95
Tender beef strips cooked with oyster sauce, oriental vegetables and egg noodles
- Stir-fried tiger prawns & scallops** £15.50
With fine noodles, asparagus, spring onions and broccoli, finished with oyster sauce
- Green Thai curry** £9.50
Spicy sauce with green chillis, coriander, coconut milk & Asian style vegetables, served with coconut rice
- with chicken breast £12.50
 - with seafood (incl. scallops, tiger prawns, monkfish & mussels) £16.50

Tex-Mex fajitas

Fajita spice blend with peppers & onions. Served with sour cream, salsa, guacamole, grated cheddar cheese & flour tortillas. Served on a sizzling skillet

- vegetable £10.50
- chicken £12.50
- beef fillet strips £14.95

Quayside Pasta Dishes

- Roasted red pepper & onion tagliatelle (V)** £8.50
Tomato sauce, bell pepper, red onions, cherry tomatoes, spinach and chilli
- Classic spaghetti bolognese** £8.95
Prime minced beef cooked with onion, garlic, tomatoes & oregano
- Lasagne verde** £8.95
Spinach lasagne layered with bolognese, creamy béchamel & topped with cheese
- Wharf spaghetti carbonara** £8.95
In a creamy sauce with pancetta, mushrooms & onions
- Chicken & red pesto penne** £9.95
Char-grilled breast of chicken sliced over pasta, coated in a creamy sauce of red pesto, cherry tomatoes and spinach
- Marinara linguine** £11.95
Mussels, tiger prawns & scallops tossed with garlic, chilli, lemon juice & olive oil
- Salmon, prawn & crab mornay with penne** £11.95
In a rich cheddar cheese sauce, topped with grated Parmesan & finished under the grill

Try our delicious garlic bread with your pasta! £3.25

On The Side

- Prawn crackers** £1.50
- Poppadoms** £1.50
- Warm naan bread (V)** £1.95
- Marinated mixed olives (V)** £2.95
- Delicious hot garlic bread (V)** £3.25
- Cheesy garlic bread** £3.75
- Chunky chips** £3.25
- Cheesy chips** £3.75
- Stir fried vegetables (V)** £3.25
- A selection of home baked bread (V)** £3.50

Salad Days

	Small	Large
Side salad (V) <i>Bowl of mixed leaves with watercress, tomato, cucumber, red onion & house dressing</i>	£3.25	£5.25
Buffalo salad (V) <i>Tomato, red onion, mozzarella & fresh basil oil</i>	£6.25	£8.95
Classic Caesar salad <i>Crisp romaine lettuce, fresh anchovies, croutons & parmesan flakes with caesar dressing</i>	£5.95	£8.95
Add strips of chargrilled chicken breast	£8.50	£11.50
Greek salad (V) <i>Mixed seasonal leaves, cucumber, tomato, marinated olives, feta cheese, olive oil & warm pitta bread</i>	£6.95	£9.75
Pear, Stilton & Walnut salad <i>With mixed leaves & Balsamic vinegar</i>	£8.50	£11.50
Banana Wharf salad <i>Seasonal leaves, spinach, crispy bacon, beetroot, boiled egg, croutons, goat's cheese, avocado with chef's special dressing</i>	£8.95	£11.95
Salad Nicoise (cold) <i>Fresh flaked tuna, dressed salad leaves, fine beans, new potatoes, boiled egg, fresh anchovy fillets & marinated olives. Finished with a house dressing</i>	£9.50	£13.50
Kiln smoked Scottish salmon, peppered mackerel & prawn salad <i>Slices of smoked salmon, plump prawns, smoked mackerel, marie rose sauce, mixed dressed salad, boiled egg, beetroot & watercress Finished with a house dressing</i>	£10.95	£14.95

Wharf Specials

Pure ground fillet steak burger <i>Mixed with horseradish, onion & herbs, served in a toasted bun with swiss cheese, pickled gherkin & chunky chips</i>	£10.95
Char-grilled chicken breast burger <i>Topped with bacon, served in a toasted bun with swiss cheese, pickled gherkin & chunky chips</i>	£10.95
Butterfly breast of chicken <i>Char-grilled, roasted plum tomato, flat mushroom & chunky chips</i>	£12.95
8oz pork loin steak <i>Char-grilled pineapple wedge, mango & spring onion salsa, roasted plum tomato, flat mushroom & chunky chips</i>	£13.50
6oz sirloin steak <i>Marinated for 48 hours & served with roasted plum tomato, flat mushroom & chunky chips</i>	£13.95
Cajun marinated salmon <i>8oz fillet with tiger prawn kebab, basmati rice, mixed salad & chilli & lime butter sauce</i>	£16.95
Fillets of sea bass <i>Baked with sea salt & rosemary, roasted plum tomato, asparagus, crispy baby potatoes, caper & anchovy butter</i>	£16.95
Hot tuna nicoise <i>Peppered & char-grilled tuna loin, crispy baby potatoes, fine beans, anchovy fillets, soft poached egg, olive oil & balsamic</i>	£17.50
8oz chargrilled fillet steak <i>Served with chunky chips, roasted plum tomato & flat mushroom</i>	£21.95

Surf & Turf : Add to your sirloin or fillet steak: (Supplement)

4 King prawns in garlic butter	£8.95
1/2 Lobster in garlic butter	£14.50

Choose a sauce : <i>Brandy & peppercorn, port & mushroom or béarnaise</i>	£2.50
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Pizza at the Wharf

Margarita (V) <i>Tomato base topped with Mozzarella</i>	£6.95
Veg patch (V) <i>Spinach, tomatoes, mushrooms & red onions with Mozzarella</i>	£8.50
Hawaiian <i>Ham, pineapple, mushroom & Mozzarella</i>	£8.75
Spicy Italian <i>Pepperoni, fresh chopped chillis & Mozzarella</i>	£8.75
Cheese & Pickle (V) <i>Tomato sauce, Mozzarella cheese, goat's cheese, roasted red onions, spinach & onion chutney</i>	£8.95
Brunch <i>Bacon, sausage, slices of beef tomato, mushrooms & Mozzarella</i>	£8.95
Mediterranean <i>Tuna, prawns, fresh white anchovies, black olives & Mozzarella</i>	£8.95
Fiorentina (V) <i>Tomato sauce, Mozzarella cheese, spinach, mushrooms and a soft poached egg</i>	£8.95
Maryland <i>Barbecue sauce, Mozzarella cheese, chicken, sweetcorn, roasted red peppers & mushrooms</i>	£8.95
Banana Wharf Deluxe 'The Bear' <i>Cured Italian meats, pepperoni, garlic, chopped tomato, asparagus, fresh chillis with Mozzarella & Parmesan cheeses</i>	£11.95

Sweet Banana Wharf

Banana Wharf split <i>A split banana filled with ice cream of your choice, topped with lashings of fruit, cream and drizzled with strawberry coulis</i>	£6.95
Everyone's favourite <i>Chocolate, strawberry and Just Jersey ice creams, topped with fresh strawberries, milk chocolate chips and a strawberry coulis</i>	£6.95
Fresh fruit platter	£6.25
Our own Banoffee Pie	£6.50
Luxury chocolate brownie <i>With Just Jersey ice cream</i>	£6.50
Jersey ice creams and shakes <i>Choose up to three flavours from: strawberry, Just Jersey, coconut, banana, chocolate & 2 guest flavours</i>	£5.95
Sweet crêpes	
- Lemon and sugar	£4.50
- Maple syrup	£4.50
- Strawberry	£5.50
- Fresh fruit	£5.50
- Chocolate	£5.50
- Rum and banana	£6.50
- Add 2 scoops of ice cream, any flavour	£2.50
Ice cream cones	£2.50

Chocolate fondue

A selection of fresh fruit, marshmallows, profiteroles and mini donuts – freshly prepared and ready to dip in melted chocolate

- Minimum 2 people	£14.25
- 4 people	£21.50
- 6 people	£26.95

Cheese platter <i>(Ideal for 2 to share!)</i> <i>Somerset brie, Stilton & mature Cheddar.</i> <i>Served with chutney, marinated olives, olive oil & balsamic vinegar with freshly baked bread</i>	£12.95
Liqueur coffee <i>with fresh double cream</i>	£6.25